

Materials guideline list

Thank you for your interest in [*Creating with Courage – Adventures in Fibre Art with Clarissa Callesen*](#).

Here, you'll find some pre-registration advice as an essential guide for what you'll need to complete this course. Once enrolled, detailed material lists with images and supplier recommendations will be available in the resource guide documents.

Just to let you know, this document serves as a general guide. We encourage resourcefulness and using what you already have before considering new material purchases. If you have any specific questions about materials, feel free to contact support@taketwoart.com.

A note from Clarissa:

As an instructor, I believe materials and supplies should be easy to access and, whenever possible, recycled or repurposed. Your courage and willingness to create matter far more than having the "right" materials. Don't let the absence of the "perfect" tool hold you back – some of the most exciting creative breakthroughs happen when you work with what you have, even if it's not ideal.

Basic supplies:

- **Something to journal in** – bring whatever you love to write in, whether it's your regular journal, a notebook, scrap paper, or even 3x5 cards, along with a pen or pencil you enjoy using.
- **A variety of textiles** – gather fabrics in different textures, colours, and materials that appeal to you. Where possible, try sourcing recycled textiles for a more sustainable approach.
- **Stuffing material** – repurposed stuffing from second-hand pillows works beautifully, but commercial poly-fil is a great option too (and can often be found in thrift stores).
- **Basic sewing supplies** – scissors, sewing and embroidery needles, pins, a thimble, heavy-duty or button thread, and embroidery floss.
- **Natural dyeing and steaming** – local plants, rusty objects, string, vinegar, instant coffee, turmeric powder, and household cleaning products. Heat source (turkey roaster, steamer, or stovetop pot), Steaming setup (e.g., bricks and a roasting rack inside a turkey roaster).
- **Iron mordant** – a mix of rusty objects and white vinegar.
- **Drawing and painting supplies** – drawing ink, a paintbrush, and plain A4 copy paper.
- **Unique embellishments** – rope, string, ribbon, wire, buttons, jewellery, rocks, shells, rusty objects, twigs – anything that sparks your creativity.
- **Wirework materials** – hardware cloth or chicken wire, tin snips or heavy-duty wire cutters, pliers, and protective gloves.